



Why is this important for me?

Our PSHE topics help you to stay safe, connected and happy as you grow up in our local, national and international communities. They give you information and space to reflect and be curious about yourself and others around you so that we can all become beacons of light in the world for everyone we meet.

Year 7 PSHE

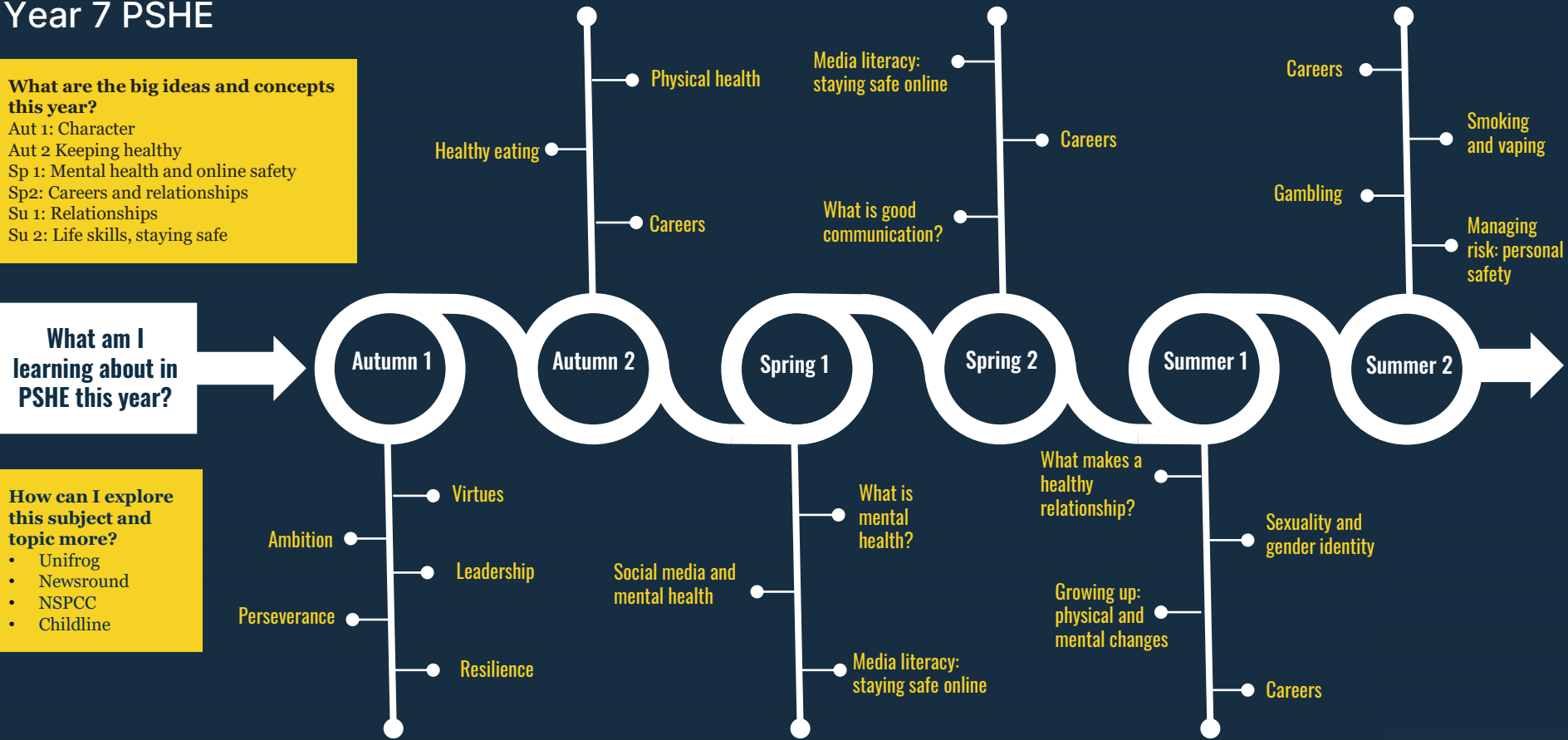
What are the big ideas and concepts this year?

- Aut 1: Character
- Aut 2: Keeping healthy
- Sp 1: Mental health and online safety
- Sp2: Careers and relationships
- Su 1: Relationships
- Su 2: Life skills, staying safe

What am I learning about in PSHE this year?

How can I explore this subject and topic more?

- Unifrog
- Newsround
- NSPCC
- Childline





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Year 8 PSHE

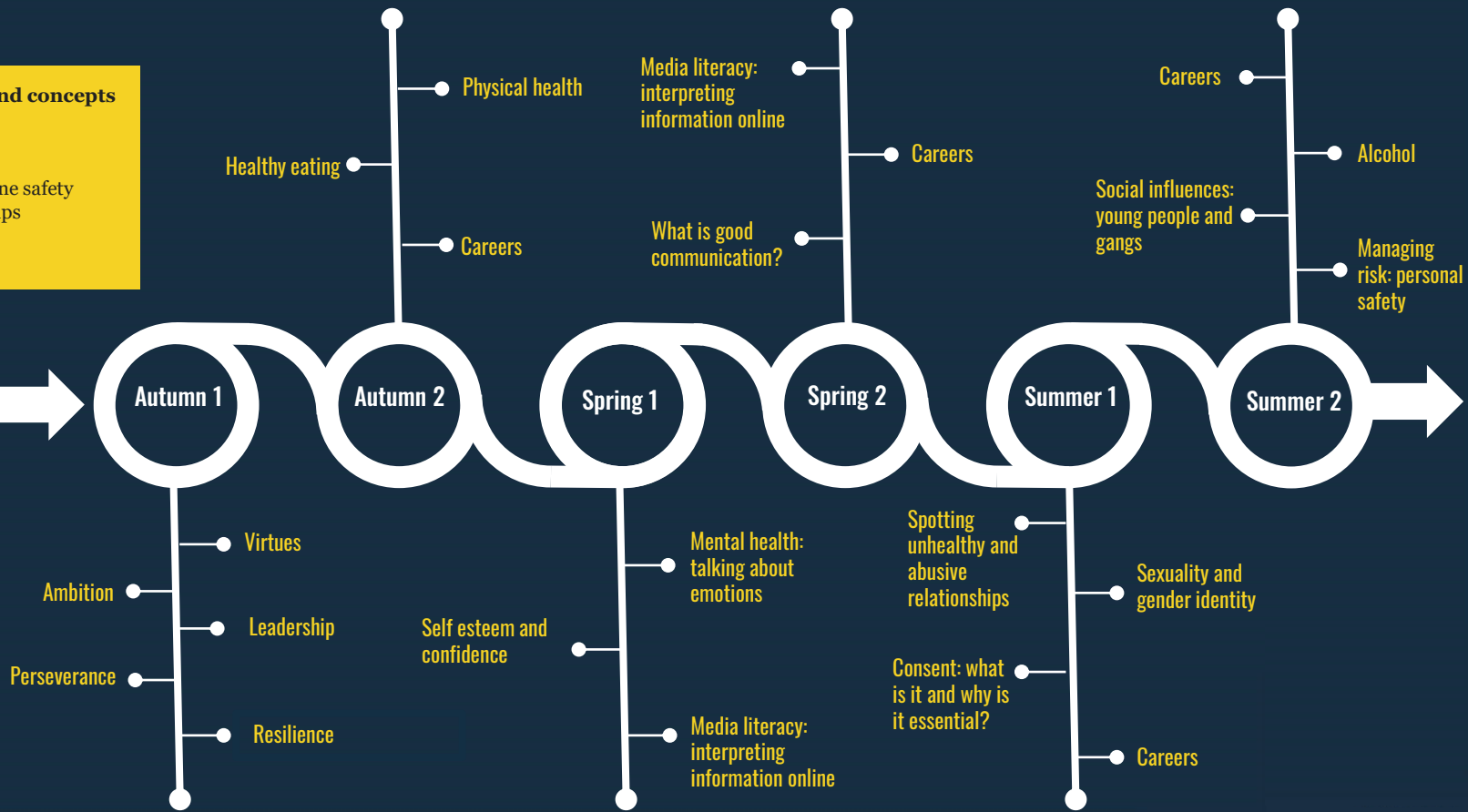
What are the big ideas and concepts this year?

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- Sp 1: Mental health and online safety
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- Su 1: Relationships
- Su 2: Life skills, staying safe

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Year 9 PSHE

What are the big ideas and concepts this year?

- Aut 1: Character
- Aut 2 Keeping healthy
- Sp 1: Mental health and online safety
- Sp2: Careers and relationships
- Su 1: Relationships
- Su 2: Life skills, staying safe

What am I learning about in PSHE this year?

How can I explore this subject and topic more?

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